



JA SPECIALISTS

SAVE UP TO 30% AT IN-NETWORK PROVIDERS

DERMATOLOGY	CARDIOLOGY	UROLOGY
PEDIATRICIAN	OBGYN	SURGERY
ORTHODONTIST	DIETICIAN	PSYCHIATRY

KINGSTON SPECIALISTS

DISCOUNTED FEE: \$7,650 JMD



DR. YAP @ APEX HEALTH CARE ASSOCIATES



HEALTH PLUS ASSOCIATES

10% OFF



WINCHESTER MEDICAL & SURGICAL

20%-30% OFF



IMPERIAL, BROADBENT AND SUPERIOR OPTICAL LIMITED

DISCOUNT ON LENSES & FRAMES

DISCOUNT AVAILABLE ISLANDWIDE

15% - 20% OFF

MONTEGO BAY SPECIALISTS



BAYWEST WELLNESS CLINIC - FAIRVIEW

20% OFF



BAYWEST WELLNESS CLINIC - HARBOUR ST

20% OFF



BAYWEST WELLNESS HOSPITAL, HALFMOON

20% OFF



FC USA & FC PLUS

SAVE UP TO 80% AT IN-NETWORK PROVIDERS

DISCOUNTED CONSULTATION	CONSULTATION BUNDLE
\$60.00 USD	\$120.00 USD

LABS & URGENT CARE UP TO 50% OFF FOR FIRSTCARE MEMBERS



Substantial discounts at more than 1,500 locations throughout the USA.



Save an additional 15% discount on already discounted Urgent Care - 40% lower than other US urgent care.



Substantial discounts at Florida locations in Jupiter, Hialeah and Fort Lauderdale.

DIAGNOSTICS & IMAGING EXCLUSIVE MEMBER DISCOUNTS

MRI	\$250-\$520 USD
BREAST MRI	\$260-\$420 USD
CT	\$125-\$325 USD
PET IMAGING	\$1,550-\$1,610 USD
ULTRASOUND	\$55-\$295 USD



PHARMACIES SAVE UP TO 80% OFF ON GENERIC DRUGS & 40% OFF ON BRAND DRUGS



VALID THROUGHOUT THE USA AT OVER 69,000 PHARMACIES!



FC USA & FC PLUS

NO ADEQUATE COVERAGE OR NO INSURANCE?

DISCOUNTED MEDICAL PACKAGES 30% - 60% OFF FOR FC USA & FC PLUS MEMBERS

SMALL ACCESS FEE APPLIES. EMAIL US FOR MORE INFORMATION.



MATERNITY

CARDIOLOGY

CANCER CARE

ORTHOPEDICS

FIRSTCARE USA REWARDS EXCLUSIVE DISCOUNTS FOR FIRSTCARE MEMBERS



HOTEL DISCOUNT

SPECIAL RATE | BOOK ON OUR WEBSITE



CAR RENTAL DISCOUNT

SAVE 10% | BOOK ON OUR WEBSITE



Live Well, Affordably.

MEMBER BENEFITS

19 CARGILL AVENUE
KINGSTON 10, JAMAICA

T: 876.618.7618 | 876.296.1387 (AFTER HOURS)

WEBSITE: FIRSTCAREJAMAICA.COM
EMAIL: INFO@FIRSTCAREJAMAICA.COM

For updated information and plan benefits please visit our website.






Welcome to FirstCare!

FirstCare is an affordable health and wellness plan that offers members exclusive health & wellness benefits in Jamaica and/or the US.

FirstCare members have access to dozens of general medical practitioners and specialists throughout Jamaica and Florida. FirstCare USA members may also access our suite of discounts and benefits in the US. See our website for details.

FirstCare Medical Plan is not an insurance plan. It is a primary healthcare plan that provides members with access to private primary care visits and discounts on other medical services.

THREE AFFORDABLE PLANS TO CHOOSE

 <p>FIRSTCARE JA The benefits you need</p> <p>\$2,500 JMD Monthly +GCT</p> <p>Children: \$1,500 Monthly +GCT</p>	 <p>FIRSTCARE USA Coverage while abroad</p> <p>\$3,000 JMD Monthly +GCT</p> <p>Children: \$2,000 Monthly +GCT</p>	 <p>FIRSTCARE PLUS Protection at home and abroad</p> <p>\$5,000 JMD Monthly +GCT</p> <p>Children: \$3,000 Monthly +GCT</p>
--	---	--

ANYONE CAN JOIN! JOINING IS EASY!

- | | |
|-----------------------------------|--|
| ✓ You cannot be turned down | - Visit firstcarejamaica.com |
| ✓ No age limit. Just sign up! | - Complete application |
| ✓ No health exam needed | - Pay online with your card |
| ✓ No copayment or claim forms | - Start using immediately! |
| ✓ You can add anyone to your plan | - Or call us at 876.618.7618 |



GENERAL PRACTITIONER

IN-OFFICE PROCEDURES

FREE GP VISIT*

*VISIT ONLY, NO ADDITIONAL SERVICES

General Medical Visits

Sick Visits

Annual Visits

Skincare Visits w/General Practitioner

Prostate Exam (Digital)

Breast Exam (One Annually)

Gyne Visit w/General Practitioner

Accident Visits

High Blood Pressure Tests

Diabetic Checks

FREE GP VISIT*

*SERVICES BELOW MAY ATTRACT ADDITIONAL CHARGES

Vaccination (Up to 12 years)

IV Fluids

Foreign Body Removal

Wound Closure (Sutures)

Basic Wounds Dressing (No Burns)

Asthma Treatment w/Nebulizer

Contraceptive Injections

Pap Smear

Abcess Treatment

Injections

Glucose Prick



FREE DOCTOR VISITS*

*IN-NETWORK PRIMARY CARE VISITS AT NO COST

KINGSTON GENERAL PRACTITIONERS



APEX HEALTHCARE ASSOCIATES LTD.



DUNROBIN MEDICAL & WELLNESS CENTRE



HEALTH PLUS ASSOCIATES



WINCHESTER SURGICAL & MEDICAL INSTITUTE



YORK MEDICAL & EMERGENCY CARE

PORTMORE GENERAL PRACTITIONERS



APEX HEALTHCARE ASSOCIATES LTD.



EDGEWATER MEDICAL



SHANCARE DR. SHANA SINCLAIR-WILLIAMSON (GP)

MONTEGO BAY GENERAL PRACTITIONERS



BAYWEST WELLNESS CLINIC - FAIRVIEW | HARBOUR ST.



BAYWEST WELLNESS HOSPITAL, HALFMOON



SEKHMET MEDICAL CENTRE



LABS | IMAGING | PHARMACIES

SAVE UP TO 15% AT IN-NETWORK PROVIDERS

ISLANDWIDE LABS



MICRO LABS

10% OFF



RK LABS

15% OFF

KINGSTON IMAGING



ALPHA IMAGING CENTER

12.5% OFF

KINGSTON PHARMACIES



APEX PHARMACY

10% OFF



ASHBIZ PHARMACY

5% OFF



WINCHESTER PHARMACY

8% OFF



YORK PHARMACY

12% OFF

MONTEGO BAY PHARMACY



ROYAL PHARMACY

10% OFF

PORTMORE PHARMACY



EXQUISITE CARE PHARMACY

12% OFF